Don’t leave without...

1. Visit the picturesque fishing village of El Porto / Viavélez, on your way towards the sea.
3. The views from the Vidío and Bust Capes.
5. The Meredo trip hammer.
6. The Meredo trip hammer.
8. Castropol.
9. Santa Eulalia de Oscos.
10. Taramundi.
11. Illano.
12. Ibias.
15. Allande.
17. Cangas del Narcea.
18. Pardiñas.
20. Tineo.
22. Valdés.
23. Salas.

Additional sites:
- Grandas de Salime, declared a Site of Cultural Interest, in Pesoz.
- Palloza Interpretation Centre, in San Naraval.
- Museums, Interpretation Centre.
- Saint Marina Monastic Site.
- Fortified settlements and archaeo logical sites.
- Industrial architecture.
- Pre-Romanesque art.
- Monastery, Basilica, Seminary.
- Natural interpreted forests.
- Nature Classroom of Fuentes del Narcea.
- Nature Classroom of Fuentes del Narcea.
- Natural Forests.
- Monastery, Seminary.
- San Cosme.
- La Riera.
- Altos ildéu.
- Peñas.
- Cornón.
- Merías.
- Playa de Porcía.
- Playa del Silencio.
- Playas de Vallina.
- Playa de Coedo.
- Playa de Frexulfe.
- Playa de Arnielles.
- Playa de Quintana.
- Playa de S. Pedro de la Ribera.
- Playa de Oleiros.
- Playa de Barayo.
- Playa de Punxéu.
- Playa 1ª y 2ª de Luarca.
- Playa de Arnao.
- Cabo Cebes.
- Puerto de San d’Ermu.
- Puerto de la Corvera.
- Punta de la Atalaya.
- Capo Vidío.
- Cabo Busto.
- Punto de la Corvera.
- Punta de la Atalaya.
- Capo Vidío.
- Cabo Busto.
- Punto de la Corvera.

Visit asturiastourism.co.uk for more information.
Hoces del Eeva
**Hiking**
San Pedro de Paredes - Puerto de Vega de Paredes - San Pedro de Paredes
**Duration:** 3 hours
**Difficulty:** Easy
**Starting Point:** San Pedro de Paredes
**Ending Point:** San Pedro de Paredes

The circular route follows the path of the river Huéscar, starting from the fishing port of San Pedro de Paredes. The Huéscar river has been declared a Biological Reserve of International Importance by BirdLife International and is home to many fish species, making it a popular spot for fishing. The route offers stunning views of the river and its surrounding landscape.

**Day 1**

**From Tapia a Castro de Coaia**

The first section of the route follows the river Huéscar, passing through the natural park of Saja-Besaya. The trail continues on the left towards the river's mouth, offering views of the river and its surrounding landscape.

**Ruta de la Seimeira**
**Hiking**
San Pedro de Paredes - Puerto de Vega de Paredes - San Pedro de Paredes
**Duration:** 3 hours
**Difficulty:** Easy
**Starting Point:** San Pedro de Paredes
**Ending Point:** San Pedro de Paredes

This circular route follows the path of the river Seimeira, starting from the fishing port of San Pedro de Paredes. The Seimeira river has been declared a Biological Reserve of International Importance by BirdLife International and is home to many fish species, making it a popular spot for fishing. The route offers stunning views of the river and its surrounding landscape.

**Day 1**

**From Tapia a Castro de Coaia**

The first section of the route follows the river Seimeira, passing through the natural park of Saja-Besaya. The trail continues on the left towards the river's mouth, offering views of the river and its surrounding landscape.

**From Tapia a Castro de Coaia**

The first section of the route follows the river Seimeira, passing through the natural park of Saja-Besaya. The trail continues on the left towards the river's mouth, offering views of the river and its surrounding landscape.
Hoces del Esva

Ruta de la Seimeira

Viavélez - Tapia de Casariego

Ruta del Cuño

Tapia de Casariego - From Tapia to Castro de Coa

Posición de la imagen: En el documento, hay varios párrafos con información detallada sobre diferentes rutas y áreas turísticas en el norte de Asturias. La ruta de la Seimeira es presentada como una ruta circular que comienza en Cabezo de Llanes, con marcas de progresión en kilómetros y detalles sobre puntos de interés, incluyendo una cascada y un sendero que conduce a un peñón. La ruta del Cuño, por otro lado, comienza en el valle de Mucientes, con una serie de parques y zonas verdes que se describen como espacios naturales de interés. La ruta de Hoces del Esva se centra en los lugares históricos y culturales de la región, mientras que la ruta de Viavélez - Tapia de Casariego se describe como una ruta que conduce a través de bosques y áreas naturales, con una serie de indicaciones sobre la fauna y flora locales. La ruta Tapia de Caserigo - From Tapia to Castro de Coa se refiere a un viaje que comienza en la localidad de Tapia y termina en Castro de Coa, con descripciones de puntos de interés culturales y naturales en el camino. En general, los párrafos se enfocan en proporcionar una visión detallada de las rutas y lugares que ofrecen experiencias turísticas en el norte de Asturias.
Hoces del Esva

Hiking

From Vega de Paredes, take the road leading to the North. After a few metres we arrive to the village of L.longréi/Paredes, which we will cross towards the North.

At kilometre 7.75 we come across a fork, and we take the trail that continues to the left in order to put ourselves to the right. In the second fork we will enter into the forest and continue towards the left in order to put ourselves on the highest part of the route and with the best views. The route continues towards the Salave Lagoons. 200 metres from the viewpoint where three distinct areas can be found. First, the oldest part of the village, the fishermen’s houses; second, the area where villas built at the end of the 19th century by these returning emigrants who had made their fortune in Latin America; and third, the modern part of the town, which includes the Beach and the Football Stadium.

Ruta de la Seimeira

Hiking

The coastal tourist route begins to the Puerturan international area, between thezures of Castre and Pumares, avoiding the coastal cliffs of the northern sector, until we find at last a howlet between Bérmudez and the fishing village of Els Casares. From here on, we take the trail that leads to the village of San Martín de Teoná, where the trail turns left and then right again to pass the town on the other side and to take us to the Montecín Lookout Point, from where we can enjoy magnificent views of the valley, the Degana Costa and the village of San Martín de Teoná.

From Viávélez to Tapia de Casariego

Hiking

From the beginning, go towards the coast, towards the North. As we cross the rocks, we will arrive to the fishing village of Pumares, where we turn left and cross the coastal cliffs towards the North, until we arrive to the small group of De la Seimeira. 200 metres from the waterfall there are two options: return to Pumares or go to visit the picturesque Mernes/Mernies hill Fort, an example of hill fort culture in western Asturias.

This circular route begins in the town of Bérmudez, 200 metres from the waterfall, where we take the trail that continues to the Montecín Lookout Point, from where we can enjoy magnificent views of the valley, the Degana Costa and the village of San Martín de Teoná.

From Violío to Busto/Busto

Cross-country hiking

In the final kilometre of the route we will arrive at the fountain of fingers of which we will continue until we reach the Montecín Lookout Point, from where we can enjoy magnificent views of the valley, the Degana Costa and the village of San Martín de Teoná.

This circular route begins in the town of Bérmudez, 200 metres from the waterfall, where we take the trail that continues to the Montecín Lookout Point, from where we can enjoy magnificent views of the valley, the Degana Costa and the village of San Martín de Teoná.

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